



# TOUR

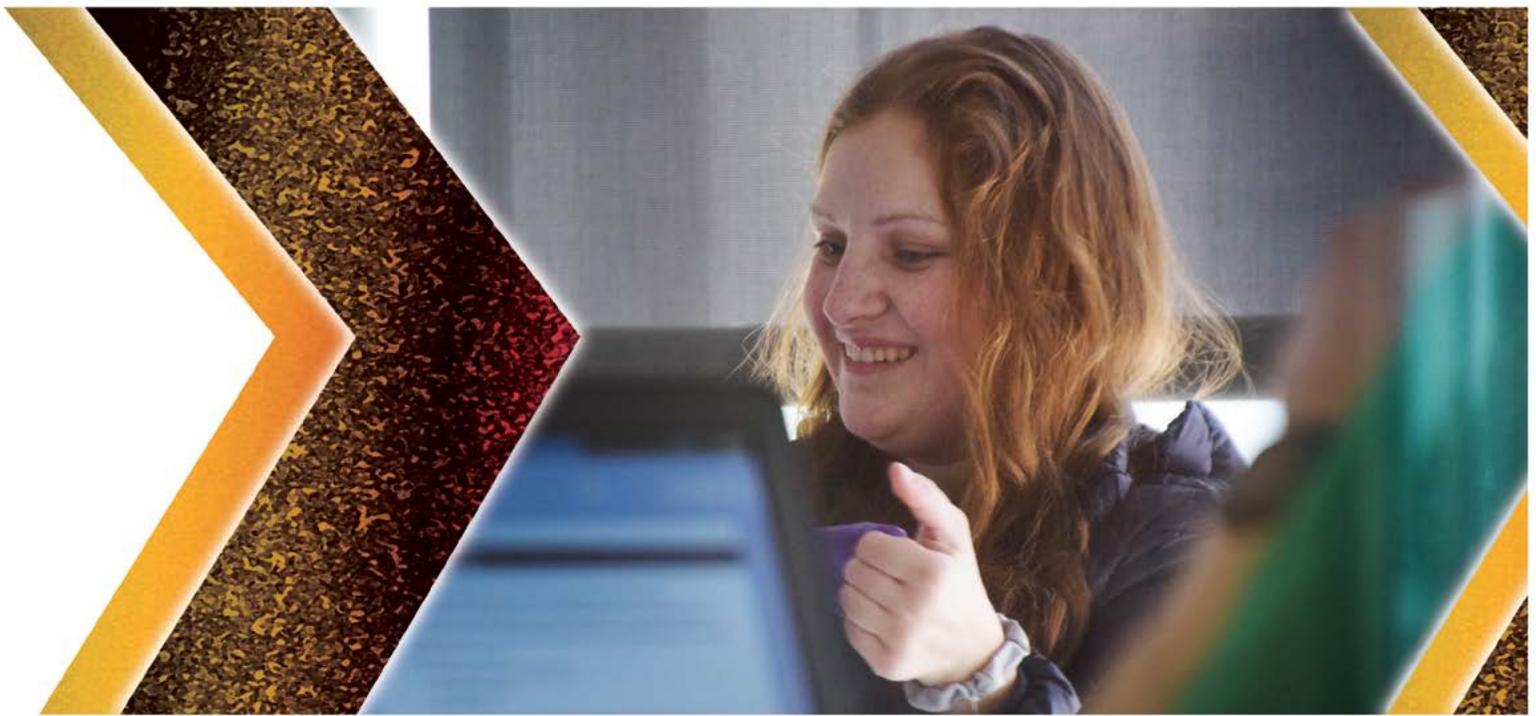
The Transition Opportunities at University of Rochester (TOUR) program is an inclusive college experience for students with disabilities located on the University of Rochester campus. Students have the opportunity to participate in a college course (non-credit status) once per year, with the support of a U of R peer mentor. TOUR students and their peer mentors meet weekly to create learning goals for the semester and provide support with U of R coursework. They also get to enjoy social activities and experiences that come with college life. As part of their day, TOUR students participate in a work study experience either on or off-campus to receive hands-on training in the development of skills that will help them prepare for competitive employment. Students rotate through at least two different work study experiences each year to continue developing transferable skills that can be used across a variety of vocational settings. TOUR students work with certified BOCES staff in a classroom setting on campus to continue developing the skills necessary for employment and independent living.

## Examples of Skills Taught:

- Independence
- Social skills
- Communication
- Self-Advocacy
- Self-Determination
- Decision making
- Time management
- Problem-Solving
- Self-Assessment
- Teamwork
- Cooking
- Functional reading & writing
- Daily living math skills
- Money management
- Healthy relationships
- Task completion and initiation
- Accepting and using constructive criticism

## Internships:

There are two internship rotations per year, 3-5 days per week depending on U of R class participation. TOUR students work at least two hours at a time in the morning or the afternoon at on-campus and community-based work sites. The program operates at a 3:1 ratio of students per skills coach.



## Expectations:

Interns must:

- have a desire to build employability skills and want to work.
- be able to follow their individual schedule and be on time and prepared for daily activities.
- have appropriate hygiene.
- wear appropriate work uniforms.
- follow all Monroe One and University of Rochester protocols.
- be able to independently navigate the college campus safely (we work up to this).
- be able and willing to work a 2-hour minimum shift.
- be able and willing to communicate with TOUR staff using a cell phone.
- actively participate in lessons, their internships, and activities throughout the year.
- self-administer and carry required medication.
- be flexible with changes in schedule and/or daily activities.
- have basic computer skills.

## Community outings:

- **College Town** (1x/month)—  
Event shopping, shopping scavenger hunts, lunch
- **Java's** (2x/year)—  
Social café time
- **Lilac Festival** (1x/year)—  
Social skills, community navigation

## Transportation/Mobility:

- U of R campus bus—use of U of R student IDs to go to College Town, Java's, etc.

## Support available:

- Skills Coach (worksite)
- Transition Specialist
- Work Based Learning Teacher
- Group Counseling (Healthy Relationships Curriculum)
- Individual Counseling
- Speech (group and individual)

**TOUR**

TRANSITION OPPORTUNITIES

*at the*

UNIVERSITY OF ROCHESTER