

eSTART Period Schedule

Period	Start	End
HR	7:30	7:35
1	7:36	8:12
2	8:13	8:49
3	8:50	9:26
4	9:27	10:03
Skills	10:04	10:34
Lunch	10:35	11:10
5	11:12	11:48
6	11:49	12:25
7	12:26	1:02
8	1:03	1:39
HR	1:40	1:45