



**Daniel T. White**  
District Superintendent

10/2023

Retirees:

### Medicare Advantage Plan Improvements provided by Rochester Area School Health Plan I (RASHP I)

Dear Valued Medicare Retiree,

Good news, starting January 1, 2024, your new plan for medical and prescription drug coverage will be the Aetna Medicare<sup>SM</sup> Plan (PPO) with an extended service area (ESA) now being offered by the RASHP I health consortium. **This Medicare Advantage plan will replace the current retiree health plan and prescription drug plan offered by Monroe One BOCES. You will be automatically enrolled in this plan,** which means you won't need to take any action to enroll.

#### Why is this plan being offered?

Monroe County School Districts worked cooperatively, with the assistance of a healthcare benefit consultant, to conduct a comprehensive review and competitive proposal process designed to secure the highest quality Medicare plans for our retirees.

After a thorough review of carriers and coverages, it was the unanimous decision of all participating districts to select Aetna for the following reasons:

- Benefits are equal to or better than what is provided to you today with a lower annual out-of-pocket maximum.
- Lower Premium cost.
- Extended coverage area with a nationwide provider network that is better than what is provided to you today.
- Improved service to retirees with a dedicated call center that offers pre and post enrollment support including one-on-one appointments.
- The government awarded the Aetna Medicare Advantage plan a high-quality rating of 4.5 out of 5 stars, a rating based on member satisfaction, as well as helping members stay healthy and manage their conditions.

We are pleased that we are able to offer valuable health and prescription drug benefits to you in retirement. We hope these benefits help you enjoy your retirement in the best health possible.

Sincerely,

*Dennis F. Glaser*

Dennis F. Glaser  
Director of Human Resources

What is staying the same?		What is different?
Coverage	<ul style="list-style-type: none"> <li>Medical benefits beyond Original Medicare Parts A and B</li> <li>Single ID card for all medical and pharmacy needs</li> </ul>	<ul style="list-style-type: none"> <li>Additional benefits such as Resources for Living, Healthy Lifestyle Coaching, Healthy Home Visit, SilverSneakers gym membership, Fitness Reimbursement, Teladoc and a 24-hour nurse line.</li> </ul>
Doctor Access	<ul style="list-style-type: none"> <li>Freedom to see any licensed doctor or hospital</li> <li>No referrals needed to get covered services</li> </ul>	<ul style="list-style-type: none"> <li>Generally, in a PPO plan you pay more for out-of-network services, but with this type of plan <b>you pay the same cost for any doctor or hospital</b>, according to the costs listed on your plan benefits summary. The provider must be eligible to receive Medicare payment.</li> <li>1.3M+ doctors and specialists, and over 4,000 hospitals nationwide accept the plan already</li> </ul>
Cost	<ul style="list-style-type: none"> <li>Low monthly premium</li> </ul>	<ul style="list-style-type: none"> <li>Lower out-of-pocket maximum to protect you from paying too much</li> </ul>

### What's next?

**Information packet:** In about a week, you'll get a mailing from Aetna with benefit details, informational meetings and what to expect next.

**Meetings:** In October, Aetna will host both in-person and virtual meetings so that you can learn more and ask questions.

**Enrollment:** You will be automatically enrolled in the Aetna Medicare Advantage plan beginning January 1, 2024. You don't have to do anything to start enjoying your benefits.

### What if I don't want to be enrolled in the group plan?

Call the HR Benefits Office/Tracy Birge @ 585-383-6680 by November 3, 2023 to OPT OUT of coverage with Monroe One BOCES. Just remember, if you opt out of the new plan you may lose coverage through the BOCES group sponsored plan and need to find coverage in the individual market. **PLEASE NOTE:** You will be notified of your new monthly rate by the end of December. Remember, rates will be going down for our Medicare plans from what you are currently paying and you will be gaining the great benefits of the new plan.



If you have questions about your new Aetna Medicare Advantage plan, just call

Aetna at **1-833-771-9476 (TTY: 711)**, 8am – 9pm ET Monday - Friday.